



Family
Foundations
.....
Early Head Start

annual report



University of Pittsburgh Early Head Start (Family Foundations) is a 13-year project that serves families in low-income communities in the city of Pittsburgh and in Allegheny County. The program provides intensive home visiting or center-based services to families with children aged 0-3 years and pregnant mothers. Services include health and development for infants and toddlers and the promotion of parents' abilities to support their child's cognitive, social, emotional, and physical development. The program continues to increase its expertise in infant mental health and predominantly works with families to promote healthy parent-child relationships in order to accomplish program standards for child development.

A recent review of the EHS program, conducted every three years by federal program officers, again yielded outstanding comments and results of services to children and families. Service is provided to 170 children, including pregnant mothers, and enrollment throughout the year is always 100% full, with waiting lists in the communities served. According to data collected

throughout Allegheny County, the percentage of families served by EHS/FF compared to the number of eligible low-income families is very low, and it is hoped that expansion funds will soon be available to serve more families throughout Allegheny County.

Health and development of enrolled children aged 0-3 is a primary goal and was met with 100% success. All children are up-to-date with immunizations, receive medical treatment, have a medical home, and receive health insurance. In addition, great efforts were made so that 97% of enrolled children over the age of 12 months receive professional dental care, primarily from a dental clinic that serves low-income infants and children. The program continually serves 154 children in a home-based environment so that parents spend time with their young child while working with the home visitor on learning and relationship-based activities. There are 16 children enrolled in center-based EHS programs and parents receive home visits and the same learning materials on a regular basis. This year 14% of enrolled children transitioned into a Head Start program and 6% entered a private pre-school program.

The FY08-09 budget includes \$2,302,266 in public funds and \$130,000 in private funds. \$1,884,833 was spent on sub awards for our four sites. The remainder is budgeted for the University of Pittsburgh Office of Child Development's compensation, supplies, travel, and space rental.

The FY09-10 budget includes \$2,383,846 (main grant), \$133,250 (COLA ARRA & QI), and \$130,000 in private funds. \$2,016,336 is budgeted on sub awards for five sites. The remainder is budgeted for OCD compensation, supplies, travel, and space rental.