



University of Pittsburgh



ANNUAL REPORT
2014-2015

About the Program

University of Pittsburgh Office of Child Development Early Head Start Family Foundations (EHS/FF) has been serving families in low-income communities in the city of Pittsburgh and Allegheny County for over 20 years. Our home-based visiting program is provided to 310 families with children 0-3 years of age. Extensive services are offered to these and expectant families including health and development for infants and toddlers, guidance for a healthy pregnancy, and skills to assist parents with the ability to support their relationship with their



child cognitively, socially and emotionally as they become ready to enter school. EHS/FF continually trains staff to ensure the highest quality services especially focused on infant mental health, creating healthy parent-child relationships and a readiness for success as their child enters the school classroom.



One of the primary goals for enrolled children aged 0-3 and expectant families is to address health and development. To ensure their health and well-being 100% of enrolled children are up-to-date on required immunizations, have a medical home and a health insurance provider.

The importance of dental care for our young children and pregnant mothers is supported with oral hygiene education from our nurses along with access to Children's Hospital of Pittsburgh of UPMC dental clinic and the Smile Program mobile dentists for exams, care and support to parents. This year, 42 one-year old children received dental exams, 69 older children had exams, and one pregnant mother. All children (100%) in the program have a dental home and access to a dental screening.



Also this year, the Clairton site was moved to a nearby Clairton location providing easy accessibility for indoor socializations, updated office space and a privately fenced in area for children and families to safely play outside. This is a very welcome addition to some families who do not have safe outdoor play

spaces near their homes. Another outdoor play space near the North Side site is shared for outdoor play by several sites and provides age appropriate play experiences for infants and toddlers with their parent(s).



Our program is culturally diverse with enrolled families from Somalia, Nepal, Bhutan and Central America. When all families come together during Parent Meetings, EHS/FF encourages families to share their family customs and traditions including native recipes. As a result, all families have the opportunity to experience new cultures, and appreciate and understand many shared family values.

Financial Report

The FY 14-15 budget includes \$4,029,765 federal funds and \$180,000 through the generous support of the Heinz Endowments. \$3,364,656 is budgeted for sub awards for six sites. The remainder is budgeted for OCD compensation, supplies, travel, and space rental.

School Readiness Goals



SOCIAL AND EMOTIONAL GOALS

- Children will establish a secure attachment to their parents.
- Children will begin to develop and demonstrate a positive sense of self and express their needs and wants.
- Children will begin to develop and demonstrate control of their feelings and behaviors.
- Children will begin to learn and integrate routines and directions.

LANGUAGE AND LITERACY

- Children will use receptive and expressive language and communication strategies in their home language.
- Children will understand and use oral language to engage in conversations
- Children will use words to describe what they are thinking and doing

APPROACHES TOWARD LEARNING

- Children will demonstrate interest, curiosity and imagination in exploring their world.
- Children will demonstrate persistence in learning and discovery

COGNITION AND GENERAL KNOWLEDGE

- Children will engage in stories and books.
- Children will use their senses to discover how to make things work, what objects and people do and how they can make things happen.

PHYSICAL WELL-BEING AND MOTOR DEVELOPMENT

- Children will develop control of large muscles for movement, balance and coordination.
- Children will develop control of small muscles for manipulation and exploration.

HEALTH, NUTRITION AND SAFETY

- Children and their family will practice a healthy lifestyle.
- Expectant parents will participate in prenatal care and healthy nutrition to ensure the best possible outcomes for baby.
- Children will play and learn in safe home environments

TRANSITION

- Parents will have a relationship with the pre-school setting in their community or school district.
- Children will understand what to expect in their new environment.

All goals are culturally sensitive and adapted to meet the varying developmental needs of children.

The program will aggregate child assessment data quarterly during the program year, analyze the data, share the information from the data with parents and community members and revise/add to the school readiness goals as the data shows a need.

Family Foundations

Early Head Start

is a grantee of the

University of Pittsburgh

Office of Child Development.

It is administratively housed

in the University of Pittsburgh

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Office of Child Development